






## Dear Zebras (and parents/carers);

Welcome “back to school”...from home... after what, I hope, was a good and restful Easter break. I hope you got out to enjoy some of the beautiful weather and sunshine we had...even if you couldn't go too far from home. We had lots of fun in our back garden – both playing and working.

Now that we are back thinking about school, I am sending you the next bit of work to get on with. I have tried to give you a broad range of learning activities – some that can be supported by a grown-up at home if you need it but also a balance of work that can be done independently, especially if the grown-ups need to get on with their own work or support a brother or sister at home.

Many of you will have established a timetable in the first few weeks, which may have gone off track in the weeks that were holiday....I know ours did! Hopefully, you will be able to pick it back up and use the work provided to keep you busy. If you didn't get into a routine or feel you need a change, I have include a very rough daily timetable that you can use if you want, or adjust to suit you and your family with some rough suggestions of timings for activity length but of course, please do as much as you feel you can or more if you are really up for the challenge!

Before 9 am	9:00	9:30 - 12	12:00 - ??	Afternoon -- Some time between 1-3 pm <b>but not necessarily 2 hours</b>
Get up, dressed and breakfast 	Some sort of physical activity to wake you up and get you ready to go! 	Spelling – 15 mins /day – learn a couple of words each day if you want or all at one time Reading – 20-30 mins daily (or a reading activity) English – about 30 mins / day Maths – about 30 min / day Some rest breaks & a snack break TRY mixing up the order if you want! 	Lunch Rest Outdoor time –if the weather is good 	Some topic work Some practical activities – cooking, gardening, cleaning, helping out 

Also, please **EVERYDAY**, try to: - Be active      - Get fresh air      - Do something quiet, calm and relaxing      - Do something for your mental health

REMEMBER though, this is still very new and strange for everyone (grown-ups and teachers included)! Be kind to yourself and each other. Don't worry if some days everything goes off track. Anything you can do work-wise is a bonus for your education and for keeping on track until we can be back together but if you don't get through things some days.....DO NOT STRESS.....relax, breath, take care of yourself and those at your house and pick things up again the next day!

I have recently read over and over again....we are LIVING a piece of history that will be talked about and taught in schools in years to come and it is vitally important that you have memories and stories to share about how life was for you during this time. Keep that in mind as you do the work. You can keep learning ticking over but also think about how you want YOUR history to be written. What will you remember, talk about and share with generations to come about what you did in this time in history.

Keep in touch with each other and your family and friends that you can't see and visit with. PLEASE keep in touch with me. I miss you all tons and love hearing about you and what you have been up to and getting pictures. I will keep adding them to the weekly newsletter. I have heard from many of you but not all of you. If you haven't been in touch, please send me a message on [kymbrook@ktfederation.co.uk](mailto:kymbrook@ktfederation.co.uk) – ask a grown-up to help you send something or to send a quick note on your behalf.

Take care my lovely Zebras. Be safe, be strong and stay healthy! Love Mrs. Morgan 😊 ❤️