

October 2024



The Kymbrook Key

Hello everyone,

Here is a quick update at the end of our first half term of this academic year. This has been a long half term, being an unusual eight weeks long. The children and staff are looking forward to a much needed rest after a busy few weeks. All the staff at Kymbrook Primary wish you a restful half term and look forward to seeing you again soon.

Young Carers

This week we had a visit from Natalie, from Young Carers in Bedfordshire, who carried out class assemblies for the children regarding the following...

What makes a Young Carer?

A young carer is someone under 18 who helps look after someone in their family, such as a sibling or parent, or a friend, who has a long-term illness such as cancer, is disabled, has a learning disability or neurological condition such as being on the autism spectrum or having attention deficit hyperactivity disorder (ADHD), has mental health issues, or are addicted to drugs or alcohol.

There are around 700,000 young carers in the UK. These are the types of tasks you undertake which make someone a carer:

- Helping with cooking, cleaning and shopping.
- Helping with physical care, such as helping someone out of bed.
- Emotional support, including talking to someone who is distressed.
- Helping to manage the family budget or collect prescriptions.
- Personal care, such as helping someone dress.
- Helping to give medicine.
- Helping someone communicate.

For more information you can visit the Young Carers in Bedfordshire website:

<https://carersinbeds.org.uk/help-for-carers/am-i-a-young-carer/>

Please have a chat with Mrs Smith if you would like to discuss this further.

Monday 4th November 2024 is a staff training day.

Children return to school on Tuesday 5th
November.



Mental Health & Well-Being

Bedfordshire Mental Health and Well-Being Hub is a great bank of resources that are available free for everyone. There is a huge range of support materials for both children and adults that can be found at:

https://localoffer.bedford.gov.uk/kb5/bedford/directory/site.page?id=R_ScQfCiWk



Anti-bullying week 11th - 15th November 2024

Each year, we mark a special Anti-Bullying week. This year the theme is 'Choose Respect'. Each of the classes will be working on age-appropriate activities during the week.



Save the Children
CHRISTMAS JUMPER DAY

Christmas Jumper Day

We would like to support the work of the charity Save the Children, by celebrating Christmas Jumper Day.

This is on Thursday 12th December

On this day, children may come to school dressed in a festive fashion, for a suggested donation of £1. They do not need to wear any part of their school uniform that day.

Upcoming Dates for Your Diary

Friday 25 st October	Break up for half term
Monday 4 th November	Training Day for staff
Tuesday 5 th November	Children return to school
Monday 11 th November	Start of Anti-Bullying Week Remembrance Day KS1 multisports
Tuesday 12 th November	Workshare – all parent and carers are invited to see their child/children's work straight after school in classrooms.
Wednesday 13 th November	Friends Bag Collection
Thursday 14 th November	Full House Theatre visit (Y1-Y6)
Monday 18 th November	School photos
Friday 22 nd November	Friends Non-Uniform Day for Christmas hamper donations. (More info to follow)
Friday 29 th November	Decoration Morning – parents/carers & grandparents are invited to join the children in their classrooms to make Christmas decorations and enjoy some refreshments together
Thursday 5 th December	Friends Movie Night
Friday 6 th December	WI Christmas Party (Y5 & Y6)
Wednesday 11 th December	KS1 Christmas Performance 2.15pm & 5.30pm (more information to follow)
Thursday 12 th December	Save the Children Christmas Jumper Day & CHRISTMAS DINNER
Monday 16 th December	Theatre of Widdershins
Tuesday 17 th December	KS1 Castles Day (more info to follow)
Tuesday 17 th December	Christingle – Keysoe Church 1.30pm, parents of KS2 welcome. More info to follow.
Wednesday 18 th December	MK Theatre Panto Y3-Y6 BREAK UP FOR CHRISTMAS

